



Friendship Heights

# VILLAGE NEWS



APRIL 2014

301-656-2797

VOLUME 28, NO. 11

**National Prescription  
Drug Take-Back Day**

Calendar page

## A celebration a century in the making

Don't miss the celebration of a century as we commemorate the 100<sup>th</sup> anniversary of the founding of the Village of Friendship Heights on Community Day, **Sunday, April 13, from 3 to 5 p.m.**, at the Village Center.

One hundred years ago, the Village of Friendship Heights was a small crossroads on the outskirts of Washington, D.C. Today, it is a bustling community of high rise apartments, condominiums, offices, restaurants and high-end retail shops.

Central to this thriving community is the Friendship Heights Village Center, which opened in 1986. As the heart of the Village, the Center houses the government offices, classrooms and a multi-purpose auditorium. It is where Village residents meet for lectures and lessons, tea and trips, movies and much, much more.

For more than 25 years, residents and friends have been gathering each April to celebrate the opening of the Village Center. This year join us for a celebration

*Continued on page 12*



## Longwood Gardens and Downton Dresses

Spend a special day in May in the beautiful Brandywine Valley as we visit Longwood Gardens for a tour and lunch, then view the Downton Abbey costume exhibit at Winterthur on **Thursday, May 29.**

We'll leave the Village Center at 7:30 a.m. and make our way to Kennett Square, Pa., the home of the spectacular Longwood Gardens. In 1906, industrialist Pierre du Pont purchased a small farm near Kennett Square, to save a collection of historic trees from being sold for lumber. Today, Longwood Gardens is one of the world's great horticultural displays, encompassing 1,077 acres of dazzling gardens, woodlands, meadows, fountains, and a 4.5-acre conservatory.

We'll enjoy a guided tour of the gardens and relax over a three-course luncheon on the grounds. Our menu features Longwood's signature mushroom soup, roasted chicken

*Continued on page 3*

## County Councilmember to hold town hall meeting at Village Center

Hans Riemer, At-large County Councilmember, will speak at the Village Center on **Thursday, May 1, at 7:30 p.m.**

Councilmember Riemer was a senior advisor for AARP before joining the County Council, an organization that he has worked closely with throughout his career. A nationally recognized leader on Social Security, he played a pivotal role organizing the Democratic coalition against privatizing Social Security. He may be best known, however, for his work as National Youth Vote Director for Obama for America, where he was a key early staffer on President Obama's 2007 primary election campaign.

Elected to the Council in 2010, he serves on the Transportation, Infrastructure, Energy & Environment Committee as well as the Government Operations & Fiscal Policy Committee. He also serves as the Council's *Lead for Digital Government*, a role that he has used to push the county forward in its use of technology, innovation and citizen engagement.

Please call 301-656-2797 to reserve a seat.

# CHILDREN'S PROGRAMS

## Don't miss out on our summer art camp

Put a little art in your children's summer art plans. Our week-long summer art camp for children returns **Monday, June 16 through Friday, June 20**. Run by our curator Millie Shott, the camp offers children ages 6 to 12 a fun way to tap into their individual creative genius. The annual camp is unique among art camps in that participants create fine arts projects that are tailored for little hands. Children will complete a variety of art projects, ranging from painting to pottery to origami and fused glass. Participants discover various artists and art forms during art appreciation sessions each day. The camp takes place from 9:30 a.m. to 1 p.m. daily at the Village Center. Children must have completed kindergarten to qualify. The cost is \$250 per child. Sign up immediately at the Village Center to ensure a space; this camp fills up quickly. Please note the camp takes place the week after Montgomery County Schools are dismissed for the summer and a week earlier than last year's camp.

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## Seeking digital cameras

Consider donating your digital camera to the Friendship Heights Village Center's Children Summer Art Camp. Any low-end, point and shoot camera would be greatly appreciated and would help our young campers to learn the basics of digital photography. Please contact Anne O'Neil at the Village Center at 301-656-2797.



**Friendship Heights**  
**VILLAGE NEWS**

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

Email: [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

### ADVERTISING

The deadline for reserving space for the May issue is April 5th. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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# ON the GO...

## Name the speaker and win a great prize!

Don't forget to take a look at the collage of prominent Village speakers hanging on the wall outside classroom 2 in the Center. The person who can correctly identify the most photographs will win a \$100 gift certificate to Lia's. The winner will be announced at the Community Day celebration on April 13.

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## Downton, continued from page 1

breast, wilted spinach, crispy polenta cake and thyme jus, and a chef's choice of dessert.

Next, we'll take the short drive to Winterthur, the magnificent Du Pont estate just outside of Wilmington. Upon arrival, we'll take a tram to tour the garden, then visit the special exhibition, *Costumes of Downton Abbey*. Forty historically inspired costumes from the television show will be displayed and supplemented by photographs and vignettes inspired by the fictional program and by real life at Winterthur.

We'll make a brief stop for dinner, on your own, en route home. We should be back in Friendship Heights by 8:30 p.m.

The cost of the trip, which includes round-trip transportation, guided tour and lunch at Longwood Gardens, and garden tram tour and admission to the Downton Abbey Costume Exhibit at Winterthur, is \$118.

Residents and one guest may sign up immediately. Non-residents may sign up beginning April 12. There are 29 spaces available.

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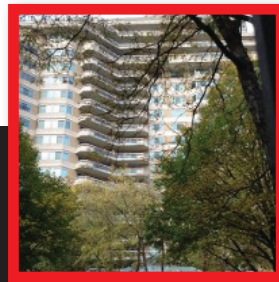


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# Creating a new community and developing consensus: 1970 to the present

The third “Centennial Saturday” will take place **Saturday, May 10, from 9:15 a.m. to noon.** Please come to the Village Center to learn about how the Village of Friendship Heights became a new community after the high rises were built.

During the first half of the program, long-time community residents and leaders Cleonice Tavani and Alfred Muller will describe the period of transition when a new government was created and the Village began evolving into the vibrant community we know today.

By 1970, thousands of new residents — all renters — lived in four high rises but could not vote in Village elections or be represented in County planning. Our speakers will describe the successful efforts of the new residents to gain the vote, elect a new team of Village leaders, and support County efforts to create balanced levels and types of development. They will also describe the complications of creating a vast array of amenities including parks, open space, a shuttle bus and a community center.

Cleonice Tavani, a social worker retired from the Federal Government where she served as Executive Director of the Federal Council on the Aging, was a Village Council Member from 1973 to 1975 and was the founding president of the Friendship Heights Village Civic Association and president from 1975 to 2011. Alfred Muller, MD, in private practice of internal medicine in the Washington area for 35 years, was a member, Chair and Mayor of the Friendship Heights Village Council from

1975 to 2001.

After a short break and refreshments, a panel of speakers will discuss the second wave of development in the Village. Participants will include land use attorney Steven A. Robins and realtor Nancy Mellon as well as Ms. Tavani and Dr. Muller.

Steven Robins is a land use attorney at Lerch, Early & Brewer in Bethesda where he co-chairs the firm’s Land Use and Zoning group. He recently was named the region’s “Top Lawyer for Land Use and Zoning” by the *Washington Business Journal*. He is a life board member of the Montgomery County Chamber of Commerce and formerly served as its board chair. Mr. Robins was a major participant in the creation of the consensus plan, a compromise between the residential interests and the business interests of the Village to give balanced growth to the Montgomery County Sector Plan for the future of the Friendship Heights Central Business District.

Nancy Mellon, well known to residents as a real estate broker, came to Friendship Heights Village in 1981 as the person responsible for converting the Willoughby from a rental building to a condominium. She served as the first president of the Willoughby Condominium Association and has been active in the community ever since. Ms. Mellon brings a unique perspective to our forum as a Village resident and business owner, as well as knowledge of the long negotiations to prevent commercial encroachment on what is now Willoughby Park.

Let us know if you plan to come by calling 301-656-2797 or stopping by the front desk.



## Tea and talk: a first-time novelist at age 92

Come to the Village Center on **Wednesday, May 7, at 2 p.m.** to hear Barbara Scheiber discuss her novel, *We'll Go To Coney Island*, and hear the fascinating story of the photograph on the cover of the book as well.

While reading a *New York Review of Books*, she came across a photo that was the poster for a Walker Evans show at the Metropolitan Museum of Art in 2000. She realized it was an image of her father and his secretary on a clandestine date in 1928. Mrs. Scheiber was writing a novel about a man based on her father and now she had found the cover for her book!

The fictional character Aaron escaped the New York Jewish tenements in the early 1900s and became a successful lawyer — like the author’s father. Mrs. Scheiber’s mother was also exceptional, rising from the lower East Side sweatshops to earn a master’s degree and career in psychological testing. Eventually the parents divorced and the secretary and mistress became Mrs.

Scheiber’s stepmother. *We'll Go To Coney Island* is a novel in stories that tells the story of two generations of a family, haunted by a magnetic father’s endless search for love.

Barbara Scheiber has been writing since she was a child and has won prizes for her many published short stories. During World War II she wrote news reports on the war’s progress for United Press Radio, and later, produced a prize-winning series of radio plays for the Jewish Theological Seminary, broadcast on NBC. After moving to Washington, DC, she served as director of a national organization providing critically needed information for parents of children with disabilities, and co-wrote the groundbreaking book, *Unlocking Potential: College and Other Choices for Learning Disabled People*, with Jeanne Talpers.

Please sign up by calling 301-656-2797. Copies of the book, provided by Barnes and Noble, will be available for purchase. After the program, tea will be served.

## Martin Goldsmith to speak at the Center

Martin Goldsmith, host and classical music programmer for "Symphony Hall" on Sirius XM Satellite Radio and former host of NPR's *Performance Today*, will discuss his book, *Alex's Wake*, at the Village Center on **Thursday, May 8, at 7:30 p.m.**

Mr. Goldsmith's grandfather and uncle, Alex and Helmut Goldschmidt, were two of more than 900 Jewish refugees fleeing Nazi Germany in 1939 aboard the *St. Louis*. Turned away from Cuba, the United States, and Canada, the *St.*

*Louis* returned to Europe. The Goldschmidts disembarked in France, where they spent the next three years in six different camps before being shipped to their deaths in Auschwitz.

More than seven decades later, Mr. Goldsmith and his wife retraced his relatives' footsteps in a six-week journey of remembrance. *Alex's Wake* is a story of the two parallel journeys. May 13 is the 75<sup>th</sup> anniversary of the voyage of the *St. Louis*; April 28 is Holocaust Remembrance Day. Join us on

*Continued on page 12*



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# PLAYING on the BIG SCREEN

All movies begin at 7 p.m.

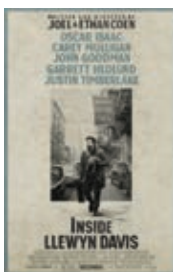
## A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

• Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

### Thursday, April 3, 7 p.m. — Movie — *Inside Llewyn Davis*

The Coen Brothers helm this chronicle of struggling musician Llewyn Davis, set during the height of the folk era in the early 1960s. The drama follows Davis through a week of creative highs and lows amid a bleak New York winter. Stars Oscar Isaac, Carey Mulligan and John Goodman. Rated R Running Time: 105 minutes.



### Thursday, April 10, 7:30 p.m. — Book Signing with Dr. Sanjay Jain — See page 13 for details.

Thursday, April 17, 7 p.m. — Movie — *Gravity* — As a medical engineer on her first shuttle mission embarks on a space walk with a seasoned astronaut, debris strikes their craft and destroys it — leaving the two floating through space tethered together, with no connection to Earth. Stars Sandra Bullock and George Clooney. Rated PG-13. Running Time: 90 minutes.



Thursday, April 24, 7 p.m. — Movie — *The Book Thief* — Young Liesel steals books to teach herself to read, giving her refuge from the horrors of Nazi Germany and her cold foster



parents. When not reading, she forms a bond with the Jewish man her adoptive family is hiding in their home. Stars Geoffrey Rush, Emily Watson and Sophie Nelisse. Rated PG-13. Running Time: 131 minutes.

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**Model Seder**

Wednesday, April 9

2:00pm in Chevy Chase

An brief review of the Seder taught by a Rabbi

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# ART and CULTURE

## Sumi-e Society to exhibit in April

The National Capital Area Chapter of the Sumi-e Society of America will exhibit at the Friendship Gallery this month with a show entitled "Spring is Here."

The chapter has more than 70 members including professional and aspiring artists. The Sumi-e Society is a non-profit organization founded in 1963 to encourage an appreciation of East Asian brush painting and calligraphy and to serve as a cultural bridge between East and West. The medium employs ink and watercolors, and rice papers or silk. The group's website is [www.sumienationalcapitolarea.org](http://www.sumienationalcapitolarea.org). All are invited to a reception on **Sunday, April 6, from 11:30 a.m. to 1:30 p.m.** to meet the artists.

The exhibit runs to May 3. Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of activities in that room; check with the front desk receptionist when you arrive. Please note that all sales of art are final.



"Peonies in Spring" by Nellie Chao  
and "Adventure" by Joan Lok

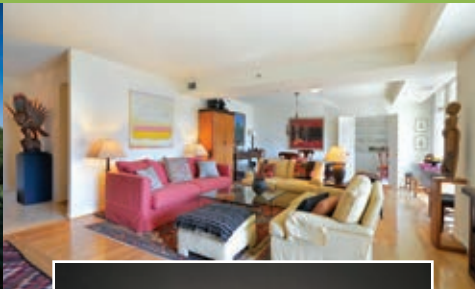


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Friendship Heights  
Village Center



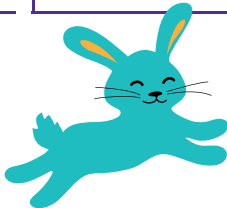
Calendar  
of Events 2014

A P R I L						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Drop off your prescription drugs at the Center on April 26</div> <div>The Village Center will once again host National Prescription Drug Take-Back Day on <b>Saturday, April 26, from 10 a.m. to 2 p.m.</b> A Montgomery County Police officer will be in the Center lobby to collect your unwanted prescription drugs.</div>		<div>1</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates</div>	<div>2</div> <div>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 4:30 p.m.: Beginning Bridge 6 p.m.: Yoga with Kathryn <b>7:30 p.m.: Concert: Ellen Tenenbaum</b></div>	<div>3</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil <b>7 p.m.: Movie: Inside Llewyn Davis</b></div>	<div>4</div> <div>9:15 a.m.: Drop-in Tai Chi <b>10 a.m. to 3 p.m.: AARP Safe Driving</b> 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl</div>	<div>5</div> <div>8:15 a.m.: Walking Club 9 a.m.: Photography for Children 10:30 a.m.: Basic Photography</div>
	<div>6</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>11:30 a.m. – 1:30 p.m.: Art Reception</b></div>	<div>7</div> <div>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting <b>7 p.m.: Café Muse</b></div>	<div>8</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 p.m.: Speech Therapy and Support Group 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea</div>	<div>9</div> <div>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel <b>1 p.m.: Suburban Lecture: “Diabetes Management”</b> 1 p.m.: Health Insurance Counseling 4:30 p.m.: Beginning Bridge <b>5 to 7 p.m.: Shred-It Truck</b> 6 p.m.: Yoga with Kathryn <b>7:30 p.m.: Concert:Thomas Pandolfi</b></div>	<div>10</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil <b>7 p.m.: Book Signing with Dr. Sanjay Jain</b></div>	<div>11</div> <div>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl</div>
	<div>12</div> <div>8:15 a.m.: Walking Club 9 a.m.: Photography for Children 10:30 a.m.: Basic Photography</div>	<div>13</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>3 to 5 p.m.: Community Day</b></div>	<div>14</div> <div>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting</div>	<div>15</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea</div>	<div>16</div> <div>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 6 p.m.: Yoga with Kathryn <b>7:30 p.m.: Concert:Tales in the Village</b></div>	<div>17</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m. – 4 p.m.: Village Playtime <b>12:30 p.m.: Vision Support Group</b> 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil <b>7 p.m.: Movie: Gravity</b></div>
	<div>18</div> <div>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl</div>	<div>19</div> <div>8:15 a.m.: Walking Club 9 a.m.: Photography for Children 10:30 a.m.: Basic Photography</div>	<div>20</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>21</div> <div>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 3 p.m.: Mah Jongg</div>	<div>22</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates <b>7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</b></div>	<div>23</div> <div>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance 4:30 p.m.: Beginning Bridge 6 p.m.: Yoga with Kathryn <b>7:30 p.m.: Concert: Charles Mokotoff and Jeongseon Choi</b></div>
	<div>24</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil <b>7 p.m.: Movie:The Book Thief</b></div>	<div>25</div> <div>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl</div>	<div>26</div> <div>8:15 a.m.: Walking Club 9 a.m.: Photography for Children <b>10 a.m. – 2 p.m.: National Prescription Drug Take-Back Day</b> 10:30 a.m.: Basic Photography</div>	<div>27</div> <div>9 a.m.: Yoga with Robin 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>28</div> <div>9:15 a.m.: Fit 4-Ever <b>10 a.m. – 2 p.m.: MVA Mobile Office</b> 10 a.m.: Great Books 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 3 p.m.: Mah Jongg 7 p.m.: Yoga with Robin</div>	<div>29</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 – 4 p.m.: Suburban Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates</div>
	<div>30</div> <div>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish <b>12 p.m.: Special Lunch</b> <b>1 p.m.: Special Concert</b> 12 p.m.: Chess group 1 p.m.: Portraiture in Pencil and Pastel 4:30 p.m.: Beginning Bridge 6 p.m.: Yoga with Kathryn <b>7:30 p.m.: Concert: Mark Hanak</b></div>	<div>Special lunch and concert</div> <div>Join us for a delicious lunch and toe-tapping concert at the Center on <b>Wednesday, April 30.</b></div> <div>Our luncheon will begin at <b>12 p.m.</b> and will be prepared by Chef Laté Lawson of Sunrise Brighton Gardens. The menu will be Italian wedding soup, Caesar salad, leg of lamb with gravy, garlic mashed potatoes, steamed asparagus, and rice pudding.</div> <div>After lunch, please stay for a concert of Ragtime and Tin Pan Alley hits performed by Eric Abrahamson, the music director for Knott’s Berry Farm and Cedar Fair Parks in California and frequent entertainer on Main Street in Disneyland. The concert begins at <b>1 p.m.</b></div> <div>The cost for lunch is \$13; please sign up at the Center by April 23. There is no cost for the concert — all are welcome.</div>				

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.  
Saturday and Sunday 8 a.m. to 7 p.m.



Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.  
Friday 9 a.m. to 5 p.m.  
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

Magical and magnificent: ‘The Magic Flute’

There are still some spaces available on the trip to enjoy the Washington National Opera’s performance of Mozart’s *The Magic Flute* at the Kennedy Center on **Monday, May 5.**

*The Magic Flute* was Mozart’s final opera and follows the heroic adventures of the love-struck Prince Tamino as he tries to rescue the beautiful Pamina from the hands of an evil sorcerer. With the aid of a magic flute and his

bumbling friend Papageno, Tamino sets out on a fantastic adventure filled with danger and temptation. It is sung in English and features colorful sets and costumes by Japanese American artist Jun Kaneko.

We will leave the Village Center at 5:45 p.m. and return before 11 p.m. The cost for the discounted (20%) ticket in the first tier center, transportation, and, driver gratuity, is \$164.





# CLASSES and CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION — A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES — NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes as well as Drop-in Tai Chi are required to sign a liability waiver when they register.

## ART AND MUSIC

### ACRYLIC OR OIL PAINTING (Day)

A 10-week course for all skill levels, taught by Doris Haskell, begins April 14. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$60 for residents; \$80 for nonresidents. Minimum number of students is 10; maximum is 14. Session ends June 30 (class will not meet May 26 and June 16).

### ACRYLIC OR OIL PAINTING (Evening)

A 10-week course for all skill levels, taught by Doris Haskell, begins April 3. Meets Thursdays from 6:45 to 8:45 p.m. Cost is \$60 for residents; \$80 for nonresidents. Session ends June 5. Minimum number of students is 10; maximum is 14.

### AMERICAN SONGWRITERS

John Eaton returns to teach a new series on American songwriters! The 4-week course begins May 16. Meets Fridays from 1 to 2:30 p.m. Composers will include Irving Berlin, Frank Loesser, and Hoagy Carmichael. Cost is \$80 for residents; \$85 for nonresidents. Class ends June 6.

### BASIC PHOTOGRAPHY (Saturday)

This 8-week course in black and white and color photography, taught by Lew Berry, begins April 12. Meets Saturdays from 10:30 a.m. to 1:30 p.m. The cost is \$120. The class is open to new students as well as those from previous sessions. Students will become skilled at using their cameras, understand how to see and use available light and learn about composition and subject selection. Instruction takes place in the classroom as well as out in the field. Students

must bring a camera to class; digital cameras are preferred. Session ends June 7 (class will not meet May 24).

### BASIC PHOTOGRAPHY (Thursday)

This 6-week course in black and white and color photography, taught by Lew Berry, begins April 24. Meets Thursdays from 10 a.m. to 12 p.m. The cost is \$75. See description above. Session ends May 29.

### BASIC PHOTOGRAPHY FOR CHILDREN

This 8-week course in black and white and color photography, taught by Lew Berry, begins April 12. Meets Saturdays from 9 to 10 a.m. The cost is \$50. The class is open to youngsters 10 years old and older. Students will become skilled at using their cameras, understand how to see and use available light, and, learn about composition and subject selection. Students must have a digital camera and a flash drive. Session ends June 7 (class will not meet May 24).

### PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by Marianne Winter, begins April 9. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$75 for residents; \$80 for nonresidents. Maximum number is 8. Last class is May 14.

### STILL LIFE PAINTING

A 7-week course taught by Joan Samworth begins May 8. Class

emphasizes the elements of art: line, color, texture, shape and value and is designed to meet the needs of all levels of experience. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$130 for residents; \$140 for nonresidents. Last class is June 26 (class will not meet June 19).

## GAMES

### INTRODUCTION TO AMERICAN MAH JONGG

This 6-week class will introduce players to the basics of Mah Jongg. Meets Mondays from 3 to 5 p.m. and starts April 21. The instructor, Robin Dinerman, will provide games and cards for class. Call Robin at 301-942-0546 with questions. A minimum of 3 students is required; maximum is 8. The cost is \$84 for residents; \$89 for nonresidents. Session ends June 2 (class will not meet May 26).

## EXERCISE AND FITNESS

### BALANCE AND COORDINATION

This 6-week class begins April 22. Meets Tuesdays, from 1 to 1:50 p.m. The class will focus on simple exercises that improve overall balance. The cost is \$65 for residents; \$70 for nonresidents. Session ends May 27. Questions? Email instructor Tonya Walton at staraka4u@gmail.com.

### CHAIR EXERCISE

This 7-week class begins May 7. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, is especially for people who

want to tone upper and lower body muscles, as well as improve strength and energy, through chair exercises. The cost is \$75 for residents; \$80 for nonresidents. Session ends June 25 (class will not meet June 18).

### **EVENING YOGA WITH KATHRYN**

This 6-week class begins April 30 and meets Wednesdays from 6-7 p.m. The class will focus on strengthening and stretching body and mind with attention given to balancing ease and effort. Please bring a yoga mat and a towel or blanket. Be prepared to work hard and relax easy. Questions? Call Kathryn Chiariello at 240-743-4294. The cost is \$65. Session ends June 11 (class will not meet May 21).

### **MAT PILATES**

The 6-week session begins April 22. Meets Tuesdays from 7 to 8 p.m. Pilates movements tone the body from 'the inside out' bringing about core-strength, muscle balance and proper spinal alignment. This class is for both beginners and intermediate students. Please check with your physician before signing up; not recommended for pregnant women. Instructor Ginger Russell is certified in Pilates by both *PhysicalMind Institute* and *Powerhouse Pilates*. The cost is \$85 for residents and \$90 for nonresidents. Please bring a Pilates/Yoga mat and bath towel. Session ends May 27.

### **SKY VALLEY TAI JI (Thursday)**

This 6-week class, taught by Taj Johnson, begins April 3. Meets Thursdays from 9:30 to 10:30 a.m. and is especially for beginners. The cost is \$60 for residents; \$70 for nonresidents. Minimum number is eight. Session ends May 8.

### **SKY VALLEY TAI JI (Tuesday)**

This 6-week class begins April 8. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$60 for residents; \$70 for nonresidents. Minimum number is eight. Session ends May 13.

### **STRENGTH TRAINING WITH CHERYL**

This 6-week class begins May 2. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65 for residents; \$70 for nonresidents. Session ends June 13 (class will not meet May 23).

### **STRENGTH TRAINING WITH TONYA**

This 6-week class begins April 21. Meets Mondays, from 1 to 1:50 p.m. The class, taught by Tonya Walton, focuses on increasing mobility, flexibility, balance, and overall strength. The cost is \$65 for residents; \$70 for nonresidents. Session ends June 9 (class will not meet May 12 and 26).

### **YOGA WITH ROBIN (Day)**

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman, host of TV's *Cherryblossom Yoga*, and begins April 27. Meets Sundays from 9 to 10:20 a.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothes, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$106 for residents; \$110 for nonresidents. Session ends June 22 (class will not meet May 25). You may try this class at the first session. If you decide to join, please register at the end of the hour.

### **YOGA WITH ROBIN (Evening)**

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins April 28. Meets Mondays from 7 to 8:20 p.m. See description above. The cost is \$106 for residents; \$110 for nonresidents. Session ends June 23 (class will not meet May 26). You may try this class at the first session. If you decide to join, please register at the end of the hour. Minimum number of students is 4; maximum is 8.

## **ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES**

### **BLOOD PRESSURE SCREENING/ SUBURBAN NURSE**

A Suburban Hospital nurse offers free blood pressure screenings Tuesdays from 12 to 4 p.m. The nurse is also available for consultations Tuesdays from 2 to 4 p.m.

### **CHESS**

An informal group plays chess on Wednesdays from 12 to 2:30 p.m. at the Village Center. All levels are welcome. Call Norm Schiff at 206-713-6079 for details.

### **COFFEE AND CURRENT EVENTS**

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

### **DROP-IN TAI CHI**

Student-led sessions every Friday from 9:15 to 10:15 a.m. Cost is \$3 per class.

### **GREAT BOOKS DISCUSSION GROUP**

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 to 11:45 a.m. Contact Jean McNelis at 301-656-6695.

### **HEALTH INSURANCE COUNSELING**

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Usually meets on the second and fourth Wednesdays of each month from 1 to 3 p.m. Please call 301-590-2819 for an appointment.

### **SCRABBLE**

This group of Scrabble players meets at the Center Thursdays at 6:15 p.m. All are welcome.

### **SPEECH SUPPORT**

An aphasia support group facilitated by Susan Wranik, MS, MA, CCC-SLP, board certified speech-language pathologist, and sponsored by the NIH

*Continued on page 15*



# CONCERTS

Concerts will be held from 7:30 – 8:30 p.m. in Huntley Hall in the Friendship Heights Village Center.

**Wednesday, April 2 — Ellen Tenenbaum** — Local pianist Ellen Tenenbaum returns to the Village Center with a program featuring works by Bach, Beethoven and Debussy.

**Wednesday, April 9 — Thomas Pandolfi** — Pianist Thomas Pandolfi presents ‘Mozart and the French Connection,’ featuring selections from Mozart, Debussy, Poulenc, Ravel, Liszt and de Severac.

**Wednesday, April 16 — Tales in the Village** — Produced by Ellouise Schoettler, this monthly storytelling series highlights tales from some of the best tellers in the region and in the United States.

**Wednesday, April 23 — Charles Mokotoff and Jeongseon Choi** — Charles Mokotoff holds both Bachelors and Masters degrees in guitar performance from Syracuse University and Ithaca College. He has been recognized as an active guitarist and Renaissance lute player. He made his New York City debut at Weill Hall at Carnegie Hall in 1987. He has performed in Chicago, Boston and most recently in two performances at the Lincoln Center Performing Arts Library in New York City. Mr. Mokotoff has been hearing impaired for a good deal of his life and is an outspoken proponent of making music with hearing loss.

Jeongseon Choi, a native of South Korea, made her first public appearance with the Seoul Philharmonic at the age of 11. She earned her undergraduate degree in Piano Performance at the New England Conservatory. While working on her M.M. degree at the Peabody Institute of Johns Hopkins University with Fernando Lares, she was granted scholarships to study at the National Academy of Music in Oslo, Norway with Einar Steen Nøkleberg and the International Music Festival of Gerona, Spain with Luiz de Moura Castro. Dr. Choi is currently maintaining her private studio in the Potomac area and is active in performing not only as a soloist but also as a collaborator. She recently joined the music department of Shepherd University.

**Wednesday, April 30 — Mark Hanak** — Mark Hanak presents “It’s DeLovely — The Life and Music of Cole Porter.” The program will include *It’s DeLovely*, *Anything Goes*, *True Love*, *Night and Day*, *Friendship*, *Begin the Beguine*, *Let’s Do It*, and *I Get a Kick Out of You*.

## **Community Day, continued from page 1**

of tradition and change of the entire Village of Friendship Heights over the last 100 years. We’ll commemorate this special day with delicious treats from Ridgewell’s Catering. We’ll also have music from Village favorites the Susan Jones Jazz Quartet and Antonio Giuliano, U.S. Army Chorus Senior National Anthem soloist.

## **Goldsmith, continued from page 5**

May 8 to learn about Martin Goldsmith’s moving account of human loss and recovery.

Please sign up by calling 301-656-2797. Copies of the book, provided by Barnes and Noble, will be available for purchase. Want to save money? Email Amelia Druskoza, Community Relations Manager at B&N, at [crm2750@bn.com](mailto:crm2750@bn.com). She will mail the book to your home and you can bring it with you for autographing. The price at the book signing will be \$25.99; the special online price is \$16.99.

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# TO YOUR HEALTH

## Vision Support Group: A movie about macular degeneration

Be our guest to preview a new video, featuring actress and soap opera star Deidre Hall, at the Vision Support Lunch and Learn at the Village Center on **Thursday, April 17, at 12:30 p.m.**

The video titled "Hope in Sight: Living With Macular Degeneration," was produced by the American Academy of Ophthalmology in partnership with the American Society of Retina Specialists. It provides an overview of the potential serious complications of age-related macular degeneration (AMD) and its treatments and discusses tips to minimize the risk of developing this sight threatening disease.

The Vision Support Group is a partnership of the Village of Friendship Heights and Prevention of Blindness Society of Metropolitan Washington. You don't have to have poor sight to participate, but you do need to register in order to reserve a light lunch by calling 301-656-2797.

## Safe driving program reminder

The AARP Driver Safety Program will be offered **Friday, April 4, from 10 a.m. to 3 p.m.**, at the Village Center. Sandra Whitaker will be the instructor. The one-day course costs \$15 for AARP members (you must bring your membership card when you register **and also to the class**) and \$20 for nonmembers. Checks should be made out to AARP.

All students must bring their driver's license and a ballpoint pen to class with them. Please register at the Village Center.

## Diabetes Management

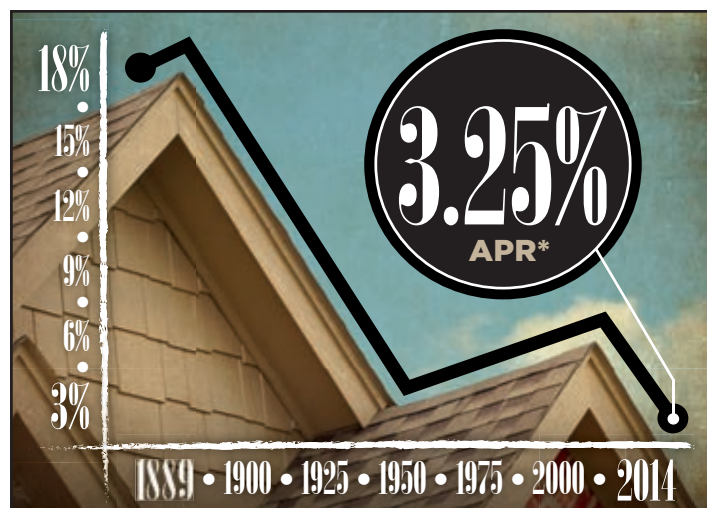
According to the American Diabetes Association, there are approximately 24 million people with diabetes and 57 million people with pre-diabetes in the U.S. Leni Barry, HeartWell nurse at Suburban Hospital, will discuss practical diabetes management skills and educational resources available for those living with this chronic disease at this month's Suburban Lecture at the Village Center on **Wednesday, April 9, at 1 p.m.**

There is no cost for the talk, but **please** call 301-656-2797 to let us know if you plan to attend.

## Creating a happy, balanced life

Making smart decisions — whether it's choosing what to eat or where to invest our money — can affect our lives every day. Dr. Sanjay Jain will speak at the Village Center about leading a balanced and healthy life on **Thursday, April 10, at 7:30 p.m.**

Dr. Jain will discuss all aspects of living, including nutrition and exercise as well as emotional, intellectual and financial health. Copies of his book, *Optimal Living 360: Smart Decision Making for a Balanced Life*, will be for sale. Call 301-656-2797 to reserve a space. Refreshments will be served.



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## Cafe Muse presents...

This month's Café Muse, on **Monday, April 7, at 7 p.m.**, features poets Barbara G.S. Hagerty and Marjory Wentworth.

Barbara G.S. Hagerty's poetry publications include two chapbooks, *The Guest House* and *Motherfish*. Her first full-length book of poems, *Twinzilla*, will be published this year. Awarded the 2010-2012 Fellowship in Poetry by the South Carolina Arts Commission, she is also the recipient of a fellowship from the Virginia Center for the Creative Arts. She is co-coordinator of the Piccolo Spoleto Sundown Poetry Series in Charleston, SC and also serves as a board member of the Poetry Society of South Carolina.

Marjory Wentworth's poems have been nominated for The Pushcart Prize five times. Her books of poetry include *Noticing Eden*, *Despite Gravity*, and *The Endless Repetition of an Ordinary Miracle* and *New and Selected Poems*. She is the co-writer with Juan Mendez of *Taking a Stand*, *The Evolution of Human Rights*, co-editor with Kwame Dawes of *Seeking, Poetry and Prose inspired by the Art of Jonathan Green*, and the author of the prizewinning children's story *Shackles*. Marjory teaches poetry in The Charleston County Schools Engaging Creative Minds Program and she is on the faculty of the Art Institute of Charleston. She is the co-founder and President of the Lowcountry Initiative for the Literary Arts. Her work is included in the South Carolina Poetry Archives at Furman

University, and she is the Poet Laureate of South Carolina.

Café Muse opens at 7 p.m. in the Village Center with classical guitar by Michael Davis; readings begin at 7:30. Poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 35 years. For more information visit [www.wordworksdsc.com](http://www.wordworksdsc.com).

The Village Book Club will meet this month on **Tuesday, April 8, at 11 a.m.** The book selection is *The Gifts of the Jews* by Thomas Cahill. Look for a copy of the book in the Center Reading Room on the shelf marked "Village Book Club Selections."

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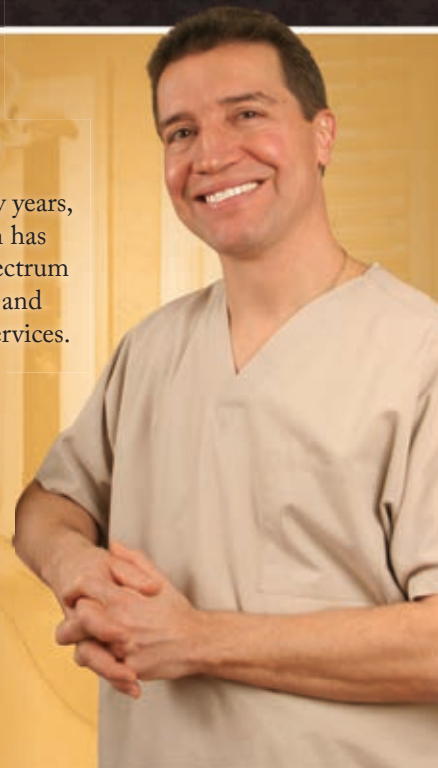
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### Classes and Clubs, continued from page 11

Suburban Hospital Stroke Program. Open to adults with speech impairment due to stroke, Parkinson's or dementia who need help with communication. Meets the second Tuesday of every month from 2 to 3 p.m.

### VILLAGE BRIDGE CLUB

The bridge club meets every Monday from 12:30 to 4 p.m. All are welcome for bridge or bridge plus (duplicate bridge); cards will be supplied. Contact Nancy White at 301-652-4119 for more information.

### VILLAGE PLAY TIME

Children of all ages are welcome to play together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend, or family member over age 13.

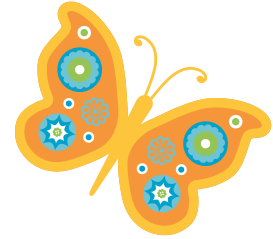
### WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby

neighborhood. Contact Helen Davis at 301-718-6340 for more information.

### YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for more information.



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# Village Council Corner

## Council will consider applicants for seat vacated by Maurice Trebach

Village Council Chairman Maurice Trebach regrettably resigned from the Council last month. Maurice presided over our monthly Council meetings with a steady hand for more than ten years. He was instrumental in bringing several initiatives to the Village, including the shredding truck, prescription drug dropoff day, the mammovan, and our brick crosswalks. Thank you Maurice for your tremendous service to the community!

Notice is hereby given that the Village Council invites applications for the position of Council member to fill Mr. Trebach's unexpired term. Applicants must be registered and qualified voters of the Village of Friendship Heights, and must be current residents of the Village.

A summary of the applicant's experience and interest must be submitted to Julian Mansfield, Village Manager, 4433 South Park Avenue, Chevy Chase, Maryland 20815. Deadline for receipt of the application will be **5 p.m., Friday, May 16, 2014.**

The Council will review the applications and determine if and when interviews will be given. If the Council decides to make a recommendation to fill

the vacancy, the recommendation will be sent to the Montgomery County Council, which has the ultimate responsibility for making the final decision.

Any person approved by the County Council will serve until the May, 2015 election.



*Maurice was honored by the Council last July 4.*

### Council actions at the February 18 meeting:

- Approved FY 2015 budget and set tax rate at 4¢/\$100 assessed value.
- Voted to abandon installation of playground in Willoughby Park; voted to pursue installation of playground in Page Park.



*Friendship Heights*

## VILLAGE NEWS

Friendship Heights Village Center  
4433 South Park Avenue  
Chevy Chase, Maryland 20815



### Check out our website:

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)

**e-mail:** [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

**phone:** 301-656-2797

**April 2014 events calendar**